

Reports of Extension and Outreach programmes conducted by the institution through organized forums including NSS/NCC for last five years

Report on the Protest March against the heinous act of rape and murder of a young girl named Kinirung Reang.

Dated 24-03-2018

As per the resolutions taken in the meeting of Women's cell, IQAC held on 20th March 2018, a team of teachers including Dr Ng. Dayamay Singha, Co-ordinator of IQAC, Gautam Chandra Banik, Programme Officer of NSS unit, Dr S. Bebita Devi, Convenor of Women's cell visited, on 23rd March, 2018, the house and family of a wretched victim of a gang-rape cum murder at Betcherra taken place on 14th March 2018 with a mission of condemning the inhuman act of rape and brutal murder of Kinirung Reang, a young tribal girl. An amount of Rs.23,000 as a financial aid from the college family including the teaching fraternity, students and office bearers was handed over to the bereaved family.

Besides, in order to mark the protest against the heinous crime in Betcherra, a rally was also organized by Women's cell in collaboration with NSS on 24th March 2018 in which a good number of students and teaching staff took part spontaneously. In this regard a memorandum was also submitted to the D.C. of Hailakandi to take the immediate severe action for such kind of inhuman act so that such crime cannot be repeated in future. The protest march was later followed by a prayer for the departed soul of the innocent Kinirung Reang.





Sd/-

Dr. S. Bebita Devi
Convener,
Women's Cell, IQAC
Lala Rural College, Lala

Report on Special Camp

Dated 07/04/2018

The NSS unit organised a Special Camp in a village named *Jangleetila* under Koyah Tea Estate, Dt. Hailakandi, Assam. The camp was centred at 392 No. Jangleetila LPS. As many as 50 volunteers took part in the camp. The people of the locality were encouraged and enthusiastic about the various activities meant for and attributed to them. The volunteers conducted a survey on the villagers through questionnaires on the socio-economic condition of the households. The villagers welcomed volunteers spontaneously whoever visited them. With patience they responded to all queries posed by the volunteers. In the process, a good number of data about their livelihood vis-a-vis their socio-economic condition had been collected. Under the guidance of Mr. G.C. Banik, Programme Officer of the unit along with other teachers who actively participated in the camp, the volunteers executed various activities for the betterment of the locality and well-being of people such as plantation programme, cleanliness drive and anti-tobacco campaign. They visited door to door to generate awareness about cleanliness, afforestation and health issues. The week-long programme ended vigorously much to the satisfaction of the local people.





Sd/-

G.C. Banik
Programme Officer
NSS unit,
Lala Rural College, Lala

Report on 100 hrs Swachh Bharat Summer Internship

Dated 16th August, 2018

The IQAC in collaboration with the NSS unit conducted 100 hrs Swachh Bharat Summer Internship that acted as an extension to Swachh Bharat Mission. In the inaugural day Dr. Tanuj Kr. Dey, the Principal i/c, Dr. Ng. Dayamay Singha, Coordinator, IQAC and Mr. G.C. Banik, NSS Programme Officer highlighted at length on the role of NSS volunteers in the domain of cleanliness and its positive impact on society and environment as well and in transforming Swachh Bharat into a citizen's movement. The various activities concerning various aspects of cleanliness spread over the fortnight. The volunteers undertook awareness programmes regarding cleanliness, hygiene and sanitation. They went to the market place and took shopkeepers and common people in confidence about the necessity and importance of Swachhata. They made dustbins and distributed among merchants and shopkeeper to keep them in front of their establishments. Besides, within the campus of the college they opted for wall- paintings to exhibit the importance of cleanliness and of sustaining the principles of hygiene. In order to disseminate the value of Swachhata among people, volunteers took the aid of flex banners, posters and pamphlets in and outside the campus. Moreover, the unit conducted quiz and speech competition on the topic of Swachhata in the college auditorium the volunteers were ecstatic and enthusiastic throughout the internship.

Relevant photos enclosed herewith





Sd/-
G.C. Banik
Programme Officer
NSS unit,
Lala Rural College, Lala

Report on Blood Donation Camp

Dated on 25-08-2018

The NSS unit held the blood donation camp in the college on 25th August, 2018. Mr. Paritosh Chandra Dutta, President, Barak Valley Voluntary Blood Donors, Hailakandi Branch, graced the occasion with a medical team. A total of 41 blood donors comprising students, teachers and local people turned up. Many others failed to pass the medical test. A sense of enthusiasm and interest was pervaded among students, most of whom turned up to donate blood for the first time. The medical team came from Silchar and took initiatives to make the event a productive one. They were well assisted by the NSS volunteers during the whole proceeding of blood donation. The first blood donor in the camp was Dr. Tanuj Kr. Dey, Principal of the college himself. All the blood donors were provided with packets of health nourishing juices and fruits. At the end of the programme, The Programme Officer thanked all participants including the medical team, teachers, student-volunteers and other stakeholders for their concerted efforts to make the event a fruitful one to its desired effect.



Sd/-

G.C. Banik
Programme Officer
NSS unit,
Lala Rural College, Lala

Candlelight Vigil on 21/02/ 2019 as a mark of protest against Pulwama incident in Kashmir

Like the rest of India, this small town, Lala was shocked to the core due to the inhuman killing of several CRPF personnel by a terrorist attack at Pulwama, a city under the union territory of Jammu and Kashmir occurred on 14 February, 2019. On 21/02/ 2019 Lala Rural College organised a silent candlelight vigil on the main thoroughfares of Lala town. After obtaining the due permission from the district authority the college faculty members, non- teaching staffs along with a good number of students joined together and started the solemn march towards the heart of the town at 6:00 p.m. starting from the college campus under the aegis of the IQAC of the college in order to pay homage to the martyrs as well as a mark of protest against the inhuman act of terrorism. It covered prominent streets of the town and came back to the college campus. Finally it ended with the lighting of candles on the Martyrs' altar in the college campus. The mood of the vigil was somber reflecting the trauma and pain due to the unprecedented terrorist attack on the unarmed CRPF personal at Pulwama.





Sd/-

Dr. Ng. Dayamay Singha
Coordinator, IQAC
Lala Rural College, Lala

Report on Distribution of old cloths by Women's Cell

Dated 19.3.2019

Where there is a will, there is a way. With this spirit, the Women's Cell, Lala Rural College decided to extend their hand to the needy people. Anuradha Saha, Assistant Professor, Deptt. of Economics and chairperson of Women's Cell communicated with a government registered NGO called 'Thunder Bolt'. On 19th March, 2019, the Cell arranged a programme for handing over the old cloths. On that day, some members of 'Thunder Bolt' including their President, Mr. Sujit Das visited the college. In this connection it should be mentioned that the teachers and the students collected old cloths to be handed over. In presence of the Principal, Dr. T. K. Dey, the Cell handed over huge quantity of old cloths to the NGO. The President, on behalf of the NGO assured that the cloths would be properly distributed to the people of villages. He expressed his gratitude to the Women's Cell in particular and the college fraternity in general for such a noble and humanitarian work. In his brief speech, the Principal of the college expressed his thankfulness to the members of the NGO for sharing their valuable time with the college family and also he thanked the 'women's Cell' for taking such kind of initiatives. With this gesture of gratitude, the programme came to an end.

Some photographs for the distribution of clothes





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Sd/-

Dr. S. Bebita Devi
Convener,
Women's Cell, IQAC
Lala Rural College, Lala

Report on Special Camp

Dated 21/03/2019

The NSS Unit of Lala Rural College, Lala organised a seven-day Special Camp at Rabidas Para on 14th March 2019. As the locality was on the outskirts of Lala and housed economically and socially weaker communities, the unit decided to orchestrate the special camp there. The camp was centred at Rabidas Para L.P. School and inaugurated by Mr. Tapan Nath, the Ward Commissioner in presence of the Principal of the college, Dr Tanuj Kumar Dey, Mrs. Abha Devi, teacher of the school along with the President, the pupils and other stakeholders of the school, local people, the current and the former Programme Officers, teacher members and as many as fifty volunteers of the unit. The theme of the camp was 'Health is Wealth' keeping in correspondence with the NSS theme of 'Healthy Youth for Healthy India'. The week-long camp, led by Dr Manas Sinha and Mr. Gautam Chandra Banik, current Programme Officer and former Programme Officer of the unit respectively, included activities such as door-to-door visit to some fifty odd households to survey the socio-economic condition of the locality through questionnaires carried out by volunteers, Anti-tobacco Awareness programme followed by Pledge for life and a Health Camp done in collaboration with Lala Primary Health Centre headed by Dr. Jahidul Islam. A total of 108 no. of people got themselves medically checked up and were given free medicines. The camp spotlighted issues related to health, cleanliness, education and the like. The camp ended on 20th March with the objective of sending volunteers periodically to the L.P. School bereft of sufficient teachers to assist in imparting lessons to pupils.









Sd/-
Dr. Manas Sinha
Programme Officer
NSS unit,
Lala Rural College, Lala

Report on Blood Donation Camp

Dated on 21/09/2019

A Blood donation camp was organised on 21st September, 2019 in the college premises under the aegis of the NSS unit of the college. Dr. Manas Sinha, Programme Officer of the unit presented a warm welcome and offered greetings to the gathering and spoke on the significance of the day. Dr. Tanuj Kr. Dey, Principal i/c offered a motivational speech to encourage all to volunteer to donate blood as a humanitarian act. Mr. Paritosh Chandra Dutta, President, Barak Valley Voluntary Blood Donors, Hailakandi Branch arrived with a medical team to engineer the the process of blood donation. As many as 40 donors turned up to donate blood among whom maximum donors were students. Students volunteered to take part spontaneously. The blood donors were given packets of healthy food items. At the end of the program, the programme officer acknowledged his gratefulness to all who made the event a meaningful and productive one.

Relevant photos enclosed herewith





Sd/-
Dr. Manas Sinha
Programme Officer
NSS unit,
Lala Rural College, Lala

Report on Relief Work during COVID pandemic Dated 18/04/2020

NSS unit of Lala Rural College organised an awareness programme as well as a relief work at Rabidaspara, adopted village of the college on 18th April, 2020 at 11 am. Dr. Manas Sinha, Programme Officer of the unit and Mr. Gautam Chandra Banik, former Programme Officer led the social event duly supported by NSS volunteers and teachers namely, Mrs. Anuradha De and Tapas Nath. The essential rations and food articles were distributed among as many as 70 nos. of underprivileged and needy families who were affected due to the lockdown in the wake of corona (COVID 19) pandemic. The distribution was done keeping a sharp eye on maintaining social distance and using face masks. Mr. Tapan Nath, former Ward Commissioner, Mr. Bablu Suklabaidya, President, Rabidas para L.P. School and Mr. Subrata Paul, a social activist had been active participants to facilitate the smooth functioning of the programme. Moreover, the volunteers and the teachers sensitised people to the awareness of the threat of coronavirus and used posters and made important directives and ways about how to avoid this virus infection by maintaining social distance and sanitization especially. The lockdown minimised the presence of volunteers and teachers; but their motivation and inspiration were instrumental behind this relief act. It was noteworthy that the principal and all teaching staff of the college offered monetary contributions for this noble cause at the hour of crisis due to the pandemic.







Sd/-
 Dr. Manas Sinha
 Programme Officer
 NSS unit,
 Lala Rural College, Lala

Report on Activities by Mahila Shakti Kendra, Lala Rural College Unit

A new scheme namely **Mahila Shakti Kendra (MSK)** under the umbrella scheme of 'Pradhan Mantri Sakti Karan Yajna' was approved for implementation during 2017-18 up to 2019-20. The scheme provided an interface for rural women to approach the Government for availing themselves of their entitlements and for the empowering of those rural women through awareness generation, training, and capacity building. MSK acts as a link between local administration, State Government and Ministry of Women and Child Development for implementing woman-centric schemes and programmes of the Government. As per the guideline of MSK for Block Level Committee four lady faculty members were entrusted from Lala Rural College to do MSK related assignments. They are namely:

1. Anurdha De, Assistant Professor
2. Dr S Bebita Devi, Assistant Professor
3. Anuradha Saha, Assistant Professor
4. Anamika Khersa, Assistant Professor

Among the four teacher, two teachers, namely Anurdha De, Assistant Professor and Dr S Bebita Devi, Assistant Professor, participated in the State Level MSK Training Programme as stakeholders from the college. Henceforth, MSK unit of the college selected fifty student volunteers from the college, and they were given orientation training regarding various woman-centric schemes and programmes of the government and awareness on the scheme of MSK. Under the supervision of teacher members of MSK unit of the college, those trained student volunteers were engaged in the community extension services like collection of data and door to door campaign in rural area for 200 hours per volunteer within four months. After the completion of their service hours, they submitted reports of their activities to the district authority and then from district authority to state authority. After the verification of their activity reports, student volunteers were provided Community Extension Service certificates as well as remunerations. The student volunteers made concerted efforts periodically to generate awareness among rural womenfolk about all the schemes under MSK thereby motivating and mobilizing rural women for participating in PRI institutions, Gram Sabha meetings and the like where nature and merits of various woman-centric schemes were discussed and communicated to them so that they could avail themselves of the fruits of such schemes.

Some relevant photos are attached herewith:











Sd/-
Dr. S. Bebita Devi
Convener,
Women's Cell, IQAC
Lala Rural College, Lala

Report on Distribution of old cloths by Women's Cell

Dated 20/10/2020

Women's Cell, Lala Rural College, arranged a programme for handing over the old cloths to an NGO named Native Pride Club on 20th October 2020. On that day, some members of Native Pride Club including their Secretary, Mr. Joydeep Nath visited the college. In this connection it should be mentioned that the teachers and the students collected old cloths to be handed over. In presence of the faculty members the Cell handed over huge quantity of old cloths to the NGO. The Secretary, on behalf of the NGO assured that the cloths would be properly distributed to the needy people of villages. He expressed his gratitude to the Women's Cell in particular and the college fraternity in general for such a noble and humanitarian work. Dr. S. Bebita Devi, the convener of Women's Cell of the college expressed her thankfulness to the members of the NGO for sharing their valuable time with the college family. With this gesture of gratitude, the programme came to an end.



Sd/-

Dr. S. Bebita Devi
Convener,
Women's Cell, IQAC
Lala Rural College, Lala

Report on UTSARG UTSAV Birthday Celebration Dated 29/08/2021

NSS unit, Lala Rural College, Lala in collaboration with Blood Bank, Silchar Medical College & Hospital, Silchar conducted “UTSARG UTSAV Birthday Celebration” on 29th August, 2021 on a virtual platform which was telecast LIVE on YouTube & Facebook at 7.30 pm. The event aimed at generating awareness of blood donation, especially at scrapping of replacement blood therapy amongst family members and familiar circles, which do not take notice of any health issues and complications of blood donors. It was designed to encourage all viewers for their voluntary participation in the mission of blood donation through blood banks. The event was an edutainment in nature. It was a judicious combination of educational programme on the importance of blood donation through deliberation of speeches made by medical experts as well as the faculties and students of the college and cultural programme in the form of songs and dances. The moderator of the event was K. Dipika Singha, Assistant Professor from the faculty of Commerce, Lala Rural College. She conducted the programme in its entirety. She initiated the programme by highlighting the importance of blood donation and its impact on the society. The programme then began with the National Anthem chanted gracefully by a group of students followed by the delightful rendition of the welcome song by Puja Nath, a student of the college; then followed the *college sangeet* harmoniously presented by both teachers and students together, namely Dr. Manas Sinha, Ms. Anuradha De and Dr. Lakshmi Nath along with students, namely Bina Singha, Sangeeta Singha, Julan Dhusad, Supriya Singha etc. The Principal of the college, Dr. Tanuj Kumar Dey, in his welcome speech, greeted all the guests and the viewers and appealed to youths to come forward irrespective of caste, language and religion to donate blood voluntarily as it is a noble act bordering on the true essence of humanity. Then a virtual tour of the college and its campus was viewed. Mr. Gautam Chandra Banik, HOD, Commerce on being called upon spoke on the value of blood by saying, blood knows no gender, no language, no race, no religion; blood cannot be created in a laboratory nor can be created artificially by any scientist; he concluded by appealing students to pledge to donate one unit of blood on their respective birthdays. Dr. Manas Sinha, Programme Officer, NSS unit of the college conveyed his thought on the approach of blood donation under UTSARG UTSAV that its scope was nation-wide due to which a sense of glory and pride could be perceived. Thereafter, the three guests added a charm and intensity to the edutainment. The first one was Rahul Jain who in 2019 was invited by the Government of Latvia to visit the country's cultural institutions and meet their heads in order to strengthen Indo- Latvian cooperation in the field of art and culture including films. He in this virtual live programme placed his thought on the harmful effect and impact of drug trafficking. He appealed to youths to deviate from this baneful path of drugs which would be detrimental to the growth of a society. Then Dr Debadatta Dhar Chanda who is currently working as Professor and Head, department of Microbiology and also the head of the Covid-19 RT-PCR Laboratory, Silchar Medical College and Hospital, alerted viewers to the possible danger of the window period which would possess the high risk of transmission of any infection or virus by the donor to the recipient. She made an emphasis in her speech to evade the replacement therapy of blood donation and opt for the blood bank to make it self-sufficient to meet the need of blood for the needy patients. Then another guest, Sanjoy Prakash Das, an "A" grade Tabla player and a Staff Artist, All India Radio, Silchar with her daughter, Jnanashree Das playing a harmonium presented a splendid display of a tabla-harmonium *jugalbandi* enthralling all viewers. The last speaker of the evening was Dr. Rajiv Biswas, Assistant Professor, Blood Bank, Silchar Medical College & Hospital, Silchar who actively coordinated the program from the Blood Bank. He elaborately talked on the nuances of blood, especially hemoglobin and plasma and their notion and effect from a patient's perspective. He too emphasised on the abolition of blood replacement therapy and insisted all viewers on taking part in this campaign of blood donation through blood banks. In the course of the programme the college students too marked their excellence in arts and culture through their exhibition of dances, songs and deliberation of speeches. Students, namely Bikash Roy, Amber Pandey and Th. Nongpoknganba Singha beautifully delivered their speeches on the varied aspects of blood donation. A Manipuri traditional dance was delicately presented by the duo, Bina Singha and Bem

Singha. Then Neha Nath and Supriya Banik graced the occasion by their elegant dances respectively on patriotic themes. Baishali Nath presented a patriotic song exquisitely followed by the outstanding rendition of another patriotic song by Supriya Singha and Sangeeta Singha together to the much joy of viewers. At last, the programme ended with a vote of thanks from the moderator.

Some photos of the program enclosed herewith





Dr Rajib Biswas

UTSARG UTSAV

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UTSARG UTSAV Birthday Celebration :::: LALA RURAL COLLEGE, Hailakandi

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UTSARG UTSAV Birthday Celebration ::: LALA RURAL COLLEGE, Hailakandi

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UTSARG UTSAV Birthday Celebration ::: LALA RURAL COLLEGE, Hailakandi

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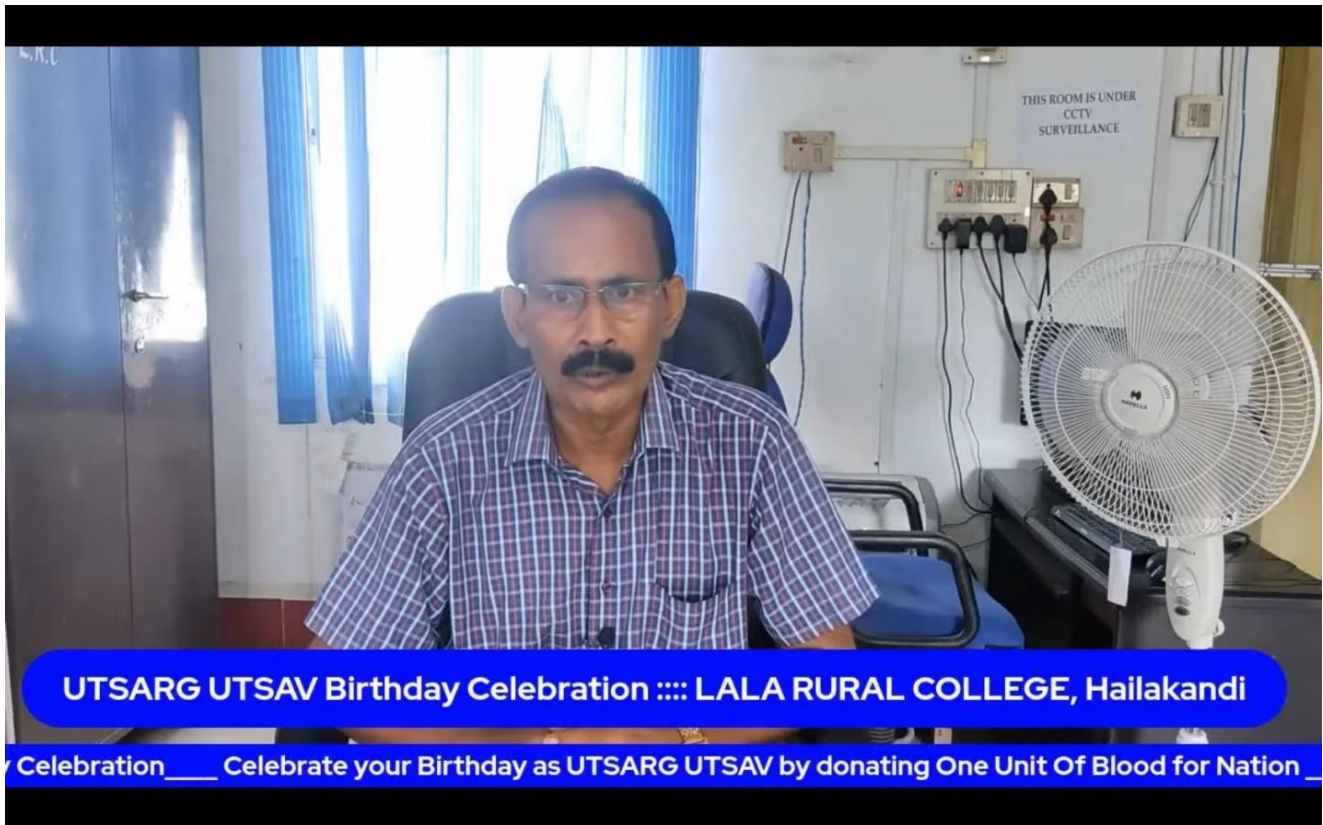
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LALA RURAL COLLEGE **BLOOD DONATION FOR NATION** **RAKTDAAAN** 



Sanjoy Prakash Das **UTSARG UTSAV**

Always Follow COVID-19 APPROPRIATE BEHAVIOUR _____ Register Yourself for UTSARG UTSAV



Sd/-

Dr. Manas Sinha
Programme Officer
NSS unit,
Lala Rural College, Lala

Report on the Awareness Programme about HIV, TB & Blood Donation

Dated 08/09/2021

NSS unit, Lala Rural College, Lala, in its bid to commemorate 75 years of India's Independence, organized the online competition among students of the college on three themes, namely HIV, TB & Blood Donation. The competition was designed to generate awareness campaign for NewIndia@75 as formulated by ASACS under the guidance of NACO (National AIDS Control Organization). As per the guideline, the competition was supposed to be held from August 12-August 20, 2021. But due to the on-going admission process of TDC1st Semester (CBCS) and the submission process of assignments by students of Non CBCS coupled with the holding of Unit tests for CBCS Even Semester, the event in the form of the competition commenced from 22 August that lasted till 27 August. The students took part in the competition spontaneously. In agreement with the prescribed guidelines, Nodal Officers for the competition of each theme were appointed from the college, who were supposed to conduct the competition. Accordingly Prof. Gautam Chandra Banik and Dipika Singha were made Nodal Officers for Blood Donation, Prof. Anuradha Saha and Dr. S. Bebita Devi for TB and Dr Mithun Nath for HIV. Moreover, as per the guideline, one different form of competition was held for each different theme. For example, poster making competition was held for TB, one-minute video for the awareness of Blood Donation and Quiz competition for HIV. In addition to it, to encourage students one more competition in the form of one-minute video for TB was also organized. The students took part in all competitions spontaneously. A panel of judges was constituted to decide the prize winners with the following teachers: Prof Anuradha De, Dr. Mithun Nath, Dr F.U. Mazumder and Dr L. Musindra Singha. Accordingly, on the appointed date of 28th August, two judges namely, Prof De and Dr Mithun Nath turned up and sat together on a virtual platform to verify and judge. The following students were chosen and declared as prize winners.

A. Poster making competition (on TB)

1. Ankita Nath (6th Semester, Non CBCS)
2. Reshmita Nath (6th Semester, CBCS)
3. Neha Nath (4th Semester, CBCS)

B. One-minute video competition (on Blood Donation)

1. Ankita Nath (6th Semester, Non CBCS)
2. Bikash Roy (6th Semester, CBCS)
3. Shrabani Nath (4th Semester, CBCS)

C. Quiz competition (on HIV)

1. Nayek Rangkhil (2nd Semester, CBCS)
2. Nandita Singha (6th Semester, CBCS)
3. Pallobi Rajwar (2nd Semester, CBCS)

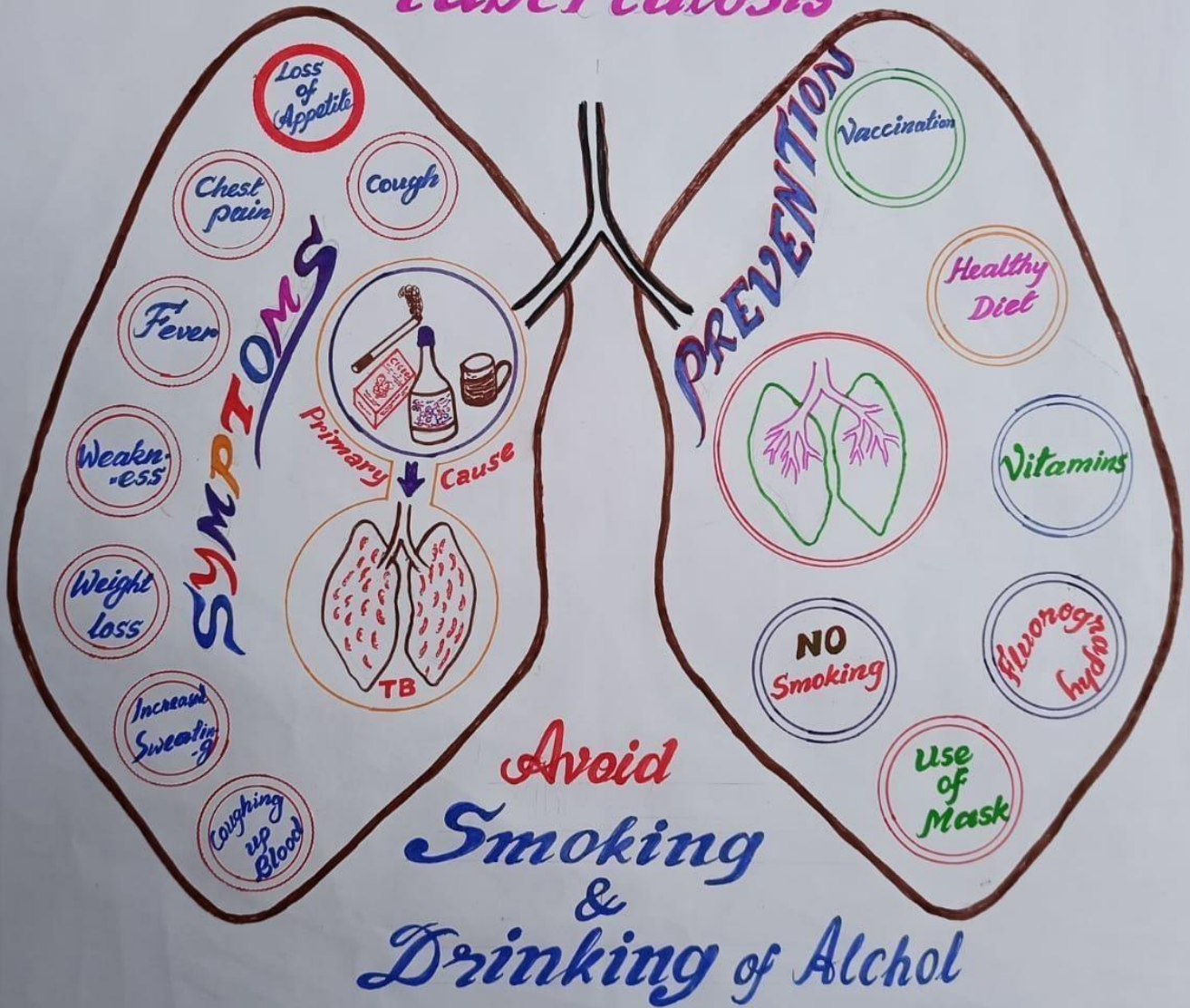
Moreover, the following three students were only participants for one-minute video for TB:

1. Amirul Islam Barbhuiya (2nd Semester, CBCS)
2. Bikash Roy (6th Semester, CBCS)
3. Chaitali Das (HS 2nd Year, Commerce)

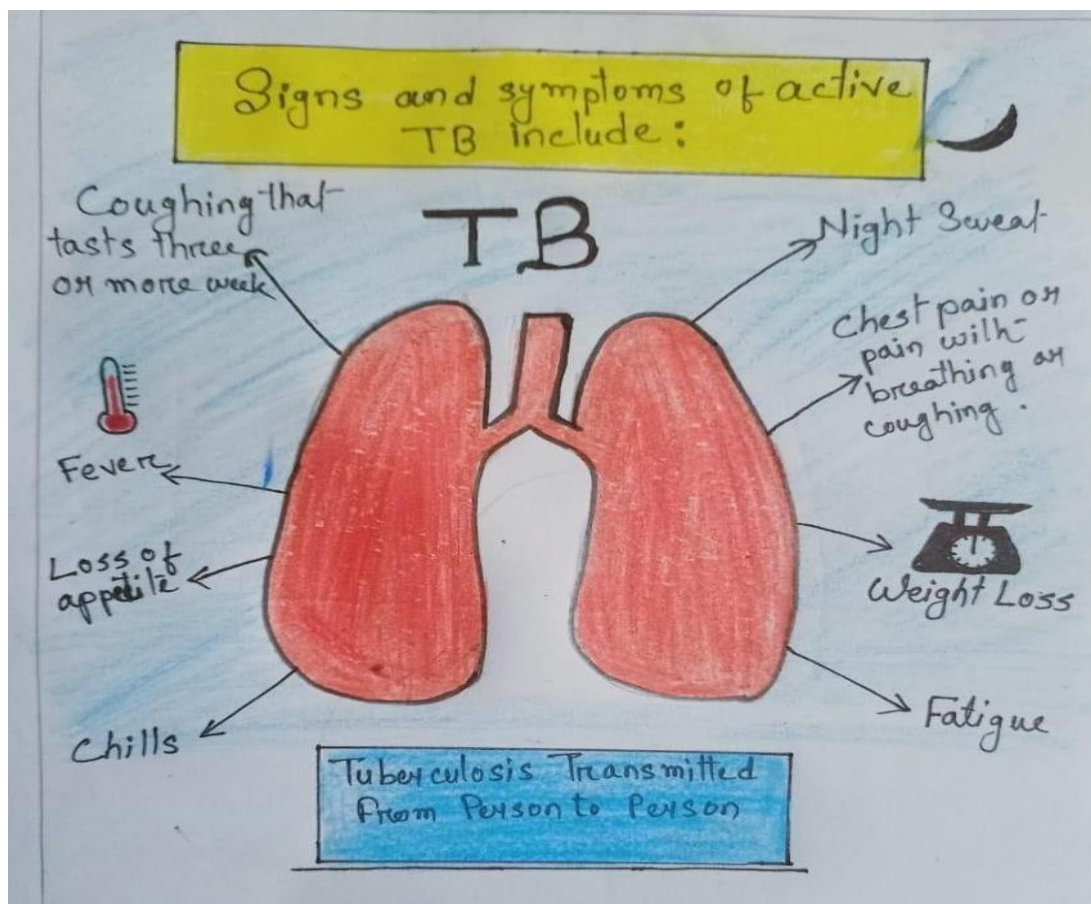
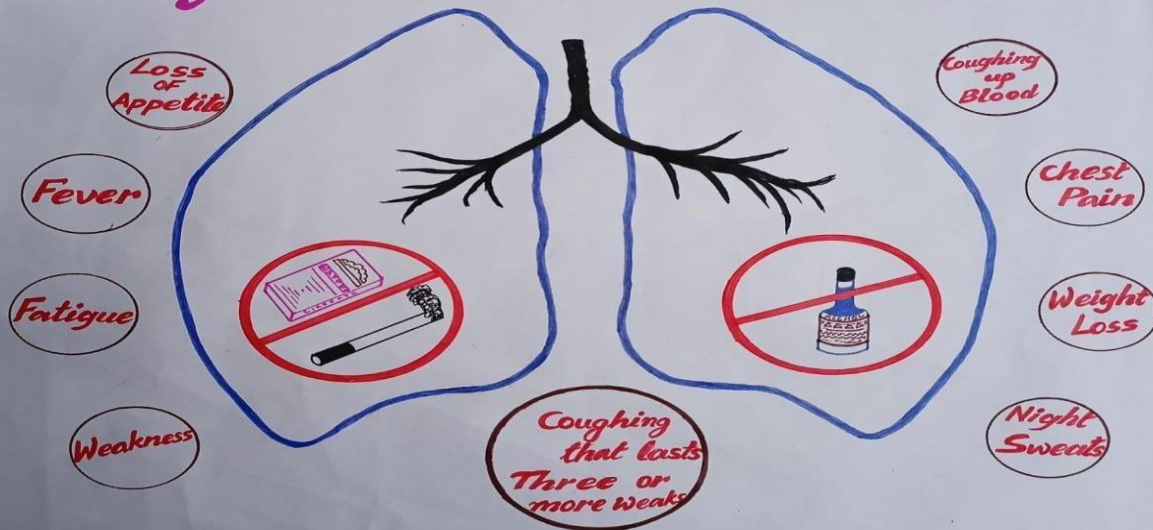
The whole event in the process ended on a positive note.

Some posters created by participants enclosed herewith

Say No To Tuberculosis



Signs & Symptoms of TUBERCULOSIS



Sd/-

Dr. Manas Sinha
Programme Officer
NSS unit,
Lala Rural College, Lala

Report on Special Camp

Dated 15/03/2022

The NSS Unit of Lala Rural College organised a seven-day Special Camp at Singalla Basti on 9th March 2022. As the locality was on the outskirts of the town of Lala and inhabited by needy communities, the unit set up the special camp there. The camp was centred at Ayodhya Rai Memorial High School located at the rural background of Singalla Basti. In the inaugural address, Dr. Manas Sinha, Programme Officer of the unit, conveyed the aim and purpose of the camp. He said that the camp was designed to instil the idea of social welfare in volunteers and to provide services to the society, especially here to the under-privileged locality of Singalla Basti and to identify the needs and problems of the local community. Then Mr. Rupnarayan Roy, President of the school assured the unit of the full cooperation and assistance to the desired effect. Before that, Dr. Tanuj Kumar Dey, Principal of the college flagged off the camp. The theme of the camp was 'Youth for holistic development'. On the first day of the camp, the student-volunteers conducted with the aid of questionnaires a survey of the socio-economic conditions of people residing at Singalla Basti. In the process, the volunteers made door-to-door visits to households of the locality. The other noteworthy activities done throughout the week-long camp were Health camp, Plantation, Cleanliness Drive and Anti-Tobacco Awareness programme. The Health Camp was arranged in collaboration with Lala Primary Health Centre headed by Dr. Jahidul Islam and Dr. Mangan Sana Senjam. As many as 92 people were administered free medical check-up and provided free medicines. Then an awareness program was held on the issue of the ills of tobacco consumption. The volunteers conducted a first-hand survey on the issue by paying visits to households of the locality and incorporated data in specific questionnaires. Thereafter, the importance of an eco-friendly environment was highlighted and the need of plantation was emphasized. To this effect, some hundred saplings were distributed to households and volunteers themselves planted the saplings along with the local people. The camp drew special attention to issues related to education, health, plantation and the like. The camp ended on 15th March with a pledge of rendering voluntary community services in the coming days.

Some photos of the program enclosed herewith







Sd/-
Dr. Manas Sinha
Programme Officer
NSS unit,
Lala Rural College, Lala

Report on Breast Cancer Awareness Programme Dated : 26th February 2022

An awareness programme on Breast Cancer was organized at Lala Rural College auditorium on Saturday 26th February 2022 under the joint auspices of Lions Club, Cachar Cancer Hospital, Amrutanjan Health Care and Women's Cell, Lala Rural College. Two resource persons, namely Dr. Shakshi Generiwal and Dr. Nishant Gourav Pathak of the Cancer hospital elaborately discussed about the symptoms, care and treatment of breast cancer. Further, they mentioned that early detection and proper treatment may save the lives of many people. Kalyan Chakraborty, administrative officer of Cancer hospital, Dr. S. Bebita Devi, Convenor of Women's Cell, Lala Rural College, and Joynal Uddin Laskar, Secretary of Lions Club among others stressed the need of creating awareness on cancer in general and on breast cancer in particular. Dilip Kumar Kangshabanik conducted the whole programme. Thereafter the discussion was opened to all to take part in and subsequently the session brought a fruitful result on the breast cancer awareness amongst the students. At the end part of the Programme Sanitary napkins were distributed among girl students present in the event. The programme was ended with the vote of thanks from Nurul Hussain Mazumdar, member of Lions Club.

Some photos of the program enclosed herewith





Sd/-

Dr. S. Bebita Devi
Convener,
Women's Cell, IQAC
Lala Rural College, Lala

Report on Celebration of International Women's Day Dated 08/03/2022

All Assam College teachers Association (ACTA), Karimganj–Hailakandi Zone in collaboration with Women's Cell, IQAC, Lala Rural College, Lala, celebrated International Women's Day on 8th March, 2022 at Native Pride Club, Rongpur, centred on the theme of "Gender equality today for a sustainable tomorrow". Dr. S. Bebita Devi, Assistant Secretary, Women's Cell, Karimganj-Hailakandi Zone as well as the Convenor of the Women's cell, IQAC, Lala Rural College, Lala delivered the welcome address. The guest speaker, Dr. Manisha Chakrabarty (Banik), Medical Officer, Katlicherra, BPHE talked on the awareness on health and hygiene. Further, two other resource speakers, Prof. Anuradha De and Dr. Mithun Nath, delivered valuable speeches about the theme. Prof. Asmat Sultana, President, ACTA, Karimganj-Hailakandi Zone delivered her presidential address highlighting the importance of gender equality. Dr. L. Chirokumar Singha, Dr. Sonali Roy, President and Secretary of ACTA unit, teachers and students of Lala Rural College, members of the Native Pride Club and the villagers of Rongpur, attended the programme. Besides, sanitary napkins were distributed to the women-folk of the village. Dr. Lakshmi Nath, conducted the programme. The event ended with a vote of thanks proposed by Anamika Khersa, the faculty from the college.

Some photos of the program enclosed herewith





Sd/-

Dr. S. Bebita Devi
Convener,
Women's Cell, IQAC
Lala Rural College, Lala

**Report on Observance of *Bhasha Shahid Divas*
Dated 19/05/2022**

"19th May is a memorable day observed as *Bhasha Shahid Divas* (Language Martyrs' Day) in the region of Barak valley. To pay whole-hearted tribute to eleven martyrs on this day, the teachers and students of different semesters assembled together in the premises of Lala Rural College at 10am on 19th May, 2022. At 10.30 am all the teachers and the students present offered floral tribute to the martyrs. After this inaugural programme in the college premises some teachers, namely Mrs. Anuradha De, Dr. Lakshmi Nath and Dr. Mayurakshi Nath along with some students of the Department of Bengali visited 748 no. Lala Town Model LP school at 11 am. Post floral tribute offered to the martyrs, a short programme was started. The college students taught the kids the spellings of the names of the martyrs and then exhibited simple art and craft which are easy and conducive for them to follow. Neha Nath performed a delicate dance. The kids also performed at their level best. Mrs. Mridula Nath, the head teacher of the school and other school teachers actively coordinated the programme. In fact, without their support it was not possible for the college group to arrange the programme. The whole observance programme was organised by the Cultural Cell, IQAC, and the Department of Bengali jointly.

Some photos of the program enclosed herewith





Bishnupur, Assam, India
 HJ47+744, Bishnupur, Assam 788163, India
 Lat 24.555484°
 Long 92.61293°
 19/05/22 12:11 PM



Bishnupur, Assam, India
 HJ47+744, Bishnupur, Assam 788163, India
 Lat 24.555468°
 Long 92.612773°
 19/05/22 11:18 AM

Sd/-
 Anuradha De
 Convener,
 Cultural Cell, IQAC,
 Lala Rural College, Lala